## **Be Inspired**

## Video Clip 2: No Stress

Julie: A lot of the events that I do do, they're, like, so grateful and happy that I am there that they don't have to stress about it, and there's a lot of fear in people about putting on an event, and when they hand it over to me it's, like, a huge relief to them. So, yeah. It could... For them, it's high stress, and they don't know where to start or what to do, but for me, it's what I do and I love to do. So, yeah. So, and having the confidence to do the event, where if they're working on the side of their desk and they don't have the confidence or experience, it's a really stressful position for them.

Please note that this transcript has been slightly modified; it is not a verbatim copy of the original audio clip.