

# Be Inspired

## Video Clip 3: Workshops

**Julie:** So, I did do one for International Women's Day a few years back for the BC Native Women's Association, and I was terrified. Like, I wrote an agenda, and I followed it, and my voice was shaking, and I even shared my money story, and then... But most of the women who were signed up—you could sign up for different workshops: workshop A, B, C, or D—and my workshop had the most participants in it. And then, at the end of the workshop, how many of those women that came up to me and thanked me for sharing and asking for more resources and stuff. And I felt so good after that workshop, and it's always been a dream to actually create curriculum and to develop a workshop around that. Like, I have all the resources; I have my own story; I have... But I just haven't done that yet. So, I would... That's, going back to your question, that is one of my dreams, is to facilitate my own workshop.

Please note that this transcript has been slightly modified; it is not a verbatim copy of the original audio clip.